

Bald Mountain Trails

Technical + Freeride (Downhill Only)

Lift-accessed downhill mountain biking trails are divided into two categories—freeride ("flow trails") and technical trails. Made for downhill-only riding, they are primarily used by intermediate to advanced riders. Body protection like kneepads, a full-face helmet, and goggles are encouraged. For a complete description of these trails, outlining the difference between freeride and technical, see the "First Timer's Guide to Biking" on the reverse side.

Lupine Trail

Trail Use: Downhill biking
Length: 2.1 miles
Level: Easy
Trail Type: Freeride ("flow trail")
Total Descent: 723'

Recommended Use: A fast, flowing traverse with some optional airtime, this trail can be lapped via the Broadway Connector and Christmas lift. Be prepared for banked turns towards the end, where the trail merges with Saddle Up Trail.

River Run Trail

Trail Use: Downhill biking
Length: 3.4 miles
Level: Intermediate
Trail Type: Freeride ("flow trail")
Total Descent: 833'

Recommended Use: More traditional singletrack than freeride, these shady "switchberms" offer the easiest descent to River Run Plaza. Connect from Warm Springs via the Traverse Trail or join with Mindbender or Pale Rider for a fast downhill experience (available for multi-directional hiking & biking after lift operating hours).

Mindbender Trail (NEW!)

Trail Use: Downhill biking
Length: 3.5 miles
Level: Intermediate
Trail Type: Freeride ("flow trail")
Total Descent: 1334'

Recommended Use: Bald Mountain's newest freeride trail, Mindbender boasts the biggest jumps in the entire valley. With multiple loop options to connect you to River Run base area, you can enjoy the scenic views and flowing berms all day. For the easier way down, connect to River Run Trail. For a rowdy downhill, black diamond riders can connect to Pale Rider.

Saddle Up Trail

Trail Use: Downhill biking
Length: 2.5 miles
Level: Difficult
Trail Type: Freeride ("flow trail")
Total Descent: 1035'

Recommended Use: Starting from the top of Bald Mountain, this advanced route requires some know-how. Saddle Up is stacked with large jumps and steep berms before merging with the final banked turns of Lupine Trail and returning to Christmas lift.

Pale Rider Trail (NEW!)

Trail Use: Downhill biking
Length: 1.2 miles
Level: Most Difficult
Trail Type: Freeride ("flow trail")
Total Descent: 530'

Recommended Loops: New this year, Pale Rider is steep, fast, and expertly "new school." It incorporates both natural elements and manmade jumps and drops, making it a bit of a technical-meets-freeride hybrid. Undeniably rougher than Bald Mountain's other trails, including natural rock sections, this trail is recommended for advanced riders only.



THE NEW WAVE OF LIFT-ACCESSED BIKING

Lift-accessed mountain biking has been gaining popularity over the years—spreading worldwide to places like Germany, France, and Finland—and ski resorts are on the forefront. With the lift operations and infrastructure already in place, resorts like Whistler and Winter Park have retrofitted their mountains for a new kind of athlete—the downhill mountain biker. While they begin to attract a growing summer crowd to rival that of their winter visitation, more and more ski-centric destinations are catching on.

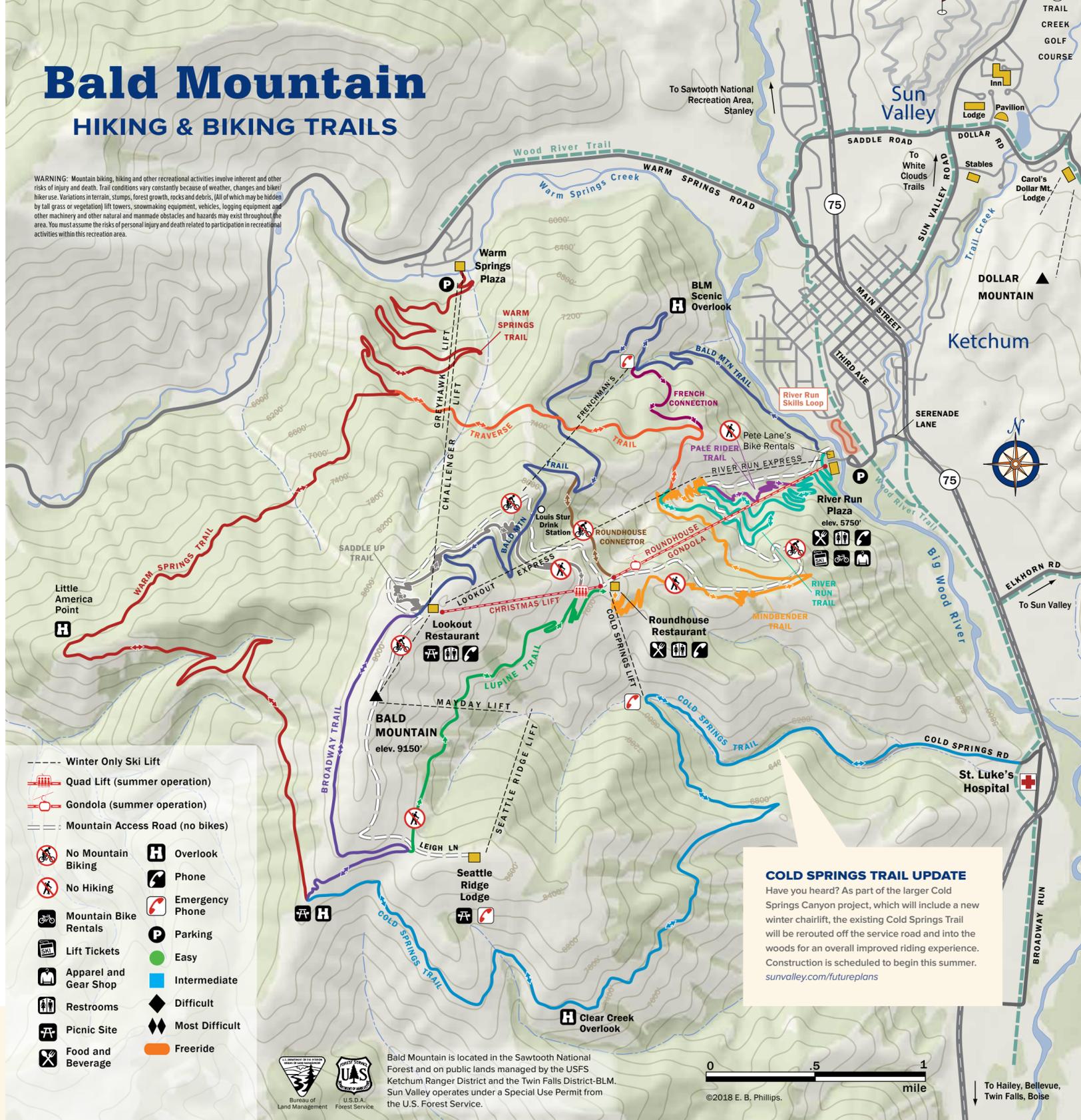
Sun Valley is not far behind. With an ever-growing offering of downhill mountain biking, including two new trails, one of which connects the longest purpose-built downhill in the country, Bald Mountain is making its way onto the map.

This summer, don't miss Mindbender, our newest freeride trail starting at The Roundhouse restaurant, and Pale Rider, the first double-black diamond ride to hit our slopes. Also keep an eye on construction updates for Cold Springs Trail, which will be getting a facelift for 2019!

Bald Mountain

HIKING & BIKING TRAILS

WARNING: Mountain biking, hiking and other recreational activities involve inherent and other risks of injury and death. Trail conditions vary constantly because of weather, changes and biker/hiker use. Variations in terrain, stumps, forest growth, rocks and debris, (all of which may be hidden by tall grass or vegetation) lift towers, snowmaking equipment, vehicles, logging equipment and other machinery and other natural and manmade obstacles and hazards may exist throughout the area. You must assume the risks of personal injury and death related to participation in recreational activities within this recreation area.



COLD SPRINGS TRAIL UPDATE
 Have you heard? As part of the larger Cold Springs Canyon project, which will include a new winter chairlift, the existing Cold Springs Trail will be rerouted off the service road and into the woods for an overall improved riding experience. Construction is scheduled to begin this summer. sunvalley.com/futureplans

Mountain Bike Checklist

Mountain bike trails are rough and demanding on both the bike and body. Before riding, always inspect your equipment or have it checked by a qualified bike mechanic.

1. Ensure your helmet is in good shape and properly adjusted.
2. Inspect bike frame, fork, and other components for cracked, damaged, or dented areas.
3. Check that your brake pads are in good condition and are not worn.
4. Front and rear axles (skewers) should be tight.
5. Headset and stem must be secure with no looseness or play.
6. Check that your tires are in good condition, with no tears or cuts in the sidewall.
7. Handle bar and handle grips must be tight and unable to spin.
8. Seat and seat post must be fastened securely.

If you are not completely familiar with your bike and its various components, or if you have any doubt as to your bike's condition, we recommend that you check with a qualified bike mechanic. Stop by Pete Lane's Bike Center at the River Run Plaza or Sun Valley Village for assistance or more information.



TAKE A DIGITAL MAP IN YOUR POCKET

Download the free Trailforks app to use an interactive digital map of the entire Bald Mountain and White Clouds trail networks. Using GPS, Trailforks allows you to track your location and elevation, submit reports or dangers to our trail crew, and upload photos and video of your experience. To get started, download the Idaho region and get riding! trailforks.com



You can also find a digital version of Sun Valley's trail maps on our website, including a daily mountain report, weather information, and real time web cam footage. sunvalley.com/mountain



Bald Mountain Trails

Cross-Country (XC) Trails

Cross-country (XC) mountain biking trails often include longer point-to-point riding or loops, including climbs and descents on miles of varied terrain. These trails typically require more endurance, stamina, and preparation for a sustained ride and are shared with other recreators like hikers and runners.

Broadway Trail

Trail Use: Multi-directional hiking & biking
Length: 2.2 miles
Level: Intermediate
Trail Type: Cross-country
Total Descent: 715'

Recommended Use: Use this high speed traverse on the backside of Bald Mountain's bowls to make laps on Lupine Trail. For a longer ride, continue down to the Warm Springs and Cold Springs perimeter trails. Be aware of hikers and the occasional uphill rider.

Warm Springs Trail

Trail Use: Multi-directional hiking & biking
Length: 8.3 miles
Level: Intermediate
Trail Type: Cross-country
Total Descent: 2396'

Recommended Use: A roller coaster ride through the wooded backside of Bald Mountain, including a half mile climb to Little America Point, this trail ends during a fast, shaded descent down to Warm Springs Plaza. Return to River Run Plaza along the Wood River Trail. For a combined 22-mile cross-country loop (best ridden clockwise), connect from Cold Springs Trail, starting near St. Luke's hospital. Or lastly, take the lifts to the top of Bald Mountain for a scenic downhill-only ride. *This trail is not patrolled or swept—use at your own risk.*

Cold Springs Trail

Trail Use: Multi-directional hiking & biking
Length: 6.7 miles
Level: Intermediate
Trail Type: Cross-country
Total Descent: 2579'

Recommended Use: A sunny traverse across the backside of Bald Mountain, this trail is highlighted by a constant, rolling grade with some rocky sections. Connect to Warm Springs Trail for a combined 22-mile cross-country loop (best ridden clockwise), coming back along the Wood River Trail. This ride is also great as an up and back or lift-accessed downhill only ride. *This trail is not patrolled or swept—use at your own risk.*

Bald Mountain Trail

Trail Use: Uphill hiking & biking
Length: 5 miles
Level: Difficult
Trail Type: Cross-country
Total Ascent: 3240'

Recommended Loops: A challenging uphill ride, this 3000+ foot climb is used primarily by hikers. Start at River Run Plaza and hike to the BLM Scenic Overlook and back down, or continue the five-mile trek to the top of Bald Mountain, where you can download on the lifts. Hikers looking for something shorter can opt to take the Roundhouse Connector and download on the gondola. There are multiple bike loop options via French Connection or the Traverse Trail. *Downloading available only during operating hours.*

Bald Mountain Connectors

Connectors are typically short trails used to move people quickly from one part of the mountain to another, or to link multiple trails together to create longer loops. While they can be used independently, they are recommended for use in conjunction with other trails.

French Connection

Trail Use: Uphill biking
Length: .7 miles
Level: Intermediate

Recommended Use: Use this short connector for a quick, stout climb looping Bald Mountain Trail with the Traverse Trail and back to the base of River Run via multiple trail options. A popular connection for those looking for a quick, high-intensity ride.

Roundhouse Connector

Trail Use: Hiking
Length: .7 miles
Level: Intermediate

Recommended Use: This short trail is for hikers only, connecting Bald Mountain Trail to The Roundhouse restaurant. Recommended for beginner to intermediate hikers, you can ride the gondola up and do a short out-and-back hike or connect to Bald Mountain Trail for a longer trek.

Traverse Trail

Trail Use: Multi-directional hiking & biking
Length: 2.1 miles
Level: Intermediate

Recommended Use: This doubletrack trail is best-suited for biking, connecting the Warm Springs side of Bald Mountain to River Run via a wide service road. For a great counterclockwise loop, start at Warm Springs Plaza, head up the Warm Springs Trail, travel up and over the Traverse Trail, and end with the descent of your choice to the River Run Plaza.

White Clouds Trails

The White Clouds trail network is perfect for families and beginners, with leisurely hiking and biking trails winding up and around the White Clouds 9-hole golf course. These trails offer stunning views of the surrounding mountains, with trail access within a short stroll of the Sun Valley Village.

Valley View Loop

Trail Use: Multi-directional hiking & biking
Length: 1.7 miles
Level: Easy

Trail Type: Cross-country

Recommended Use: Start at Carol's Trailhead on Sun Valley Road across from the Sun Valley Lodge. This short loop is best used clockwise for a quick mountain bike ride or beginner hike.

White Clouds Trail

Trail Use: Multi-directional hiking & biking
Length: 2.7 miles
Level: Easy

Trail Type: Cross-country

Recommended Use: From Valley View Loop, hike clockwise along the trail, returning along the paved Trail Creek Path. You can also start at Earl's Trailhead across from the Sun Valley Clubhouse for a great counter-clockwise ride or hike.

Bigwood Connector

Trail Use: Multi-directional hiking & biking
Length: .7 miles
Level: Intermediate

Trail Type: Cross-country connector

Recommended Use: From the White Clouds Loop, this short singletrack trail will connect you with the paved residential area along Griffin Road. Cross the highway to return along the Wood River Trail.

Trail Creek Path

Trail Use: Walking & biking
Length: 1 mile
Level: Easy

Trail Type: Paved multi-use path

Recommended Use: From the Sun Valley Village, take this paved path out and back or connect to some of the White Clouds trails via Carol or Earl's Trailheads.

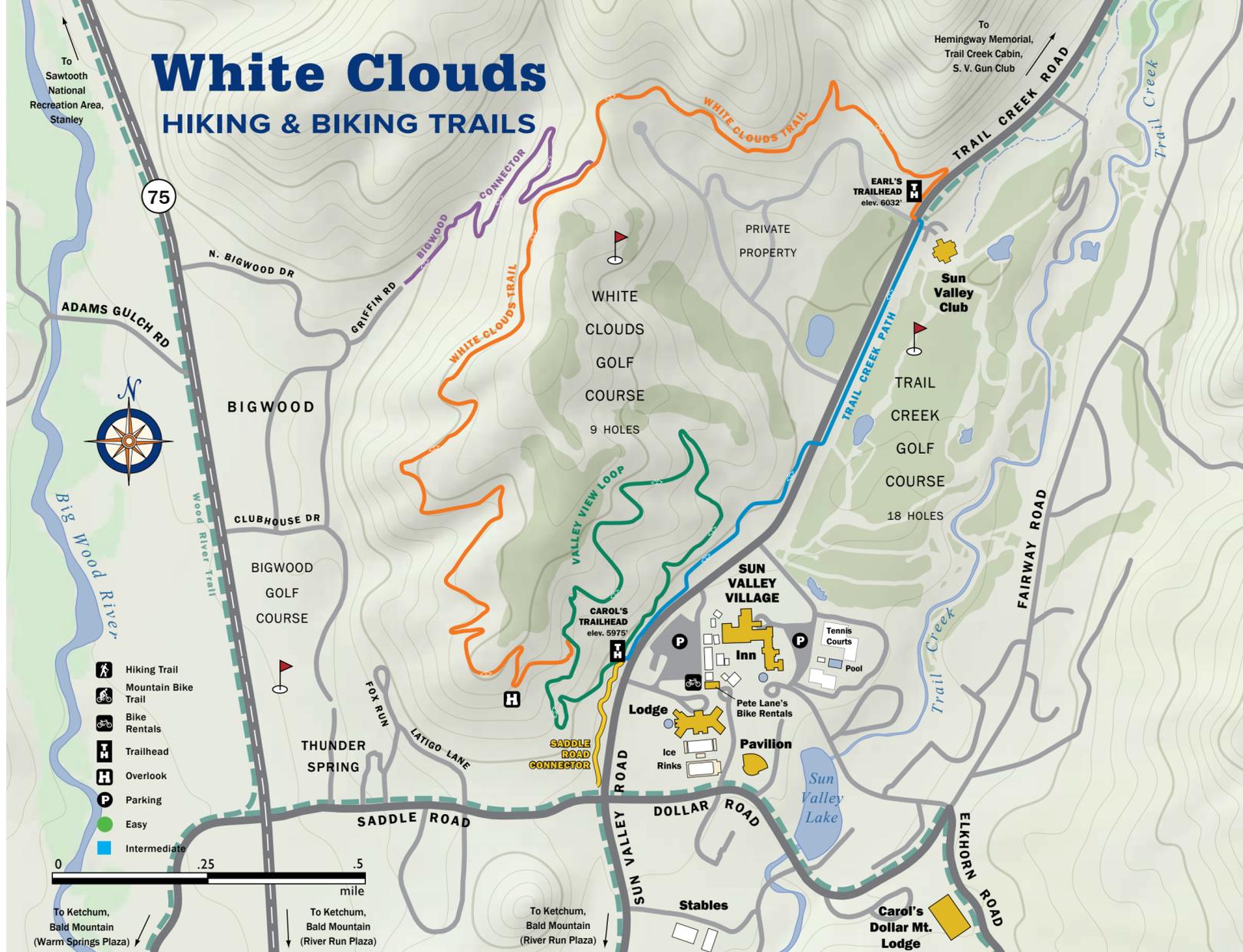
Wood River Trail ("Bike Path")

Trail Use: Walking & biking
Length: 30.7 miles
Level: Easy

Trail Type: Paved multi-use path

Recommended Loops: The Wood River Trail (known locally as "the bike path") is a 30+ mile paved, multi-use path that connects the communities of the Valley. This popular dog-friendly trail is a great way to explore the entire Valley. More info available at bcrd.org.

White Clouds HIKING & BIKING TRAILS



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We at Sun Valley are committed to environmental sustainability, which is why we chose to print our trail maps on paper made from 100% eco-friendly reclaimed stone. There are no trees, water, or hazardous chemicals used in production (and it's waterproof and tear-resistant!) Please recycle this map when finished. stonepaperinfo.com



Ticket Office: 208.622.6196
Mountain Patrol: 208.622.6262
Lost & Found: 208.622.2292
Resort Operator: 208.622.4111
Website: sunvalley.com
Mountain Trail Report: sunvalley.com/mountain



HIKING & BIKING MOUNTAIN GUIDE

SUMMER SEASON | 2018

Welcome

With over 400 miles of singletrack spread throughout the valley, the mountain biking and hiking are some of the best—and most scenic—in the country. Bald Mountain now boasts America's longest purpose-built downhill and 3,100 feet of thrilling lift-accessed trails (including two new downhill rides!). For a milder, family-friendly experience, head to the White Clouds trail network or meander through town along the leafy Wood River Trail, with over 30 paved miles to explore.

Bald Mountain Lift Hours

9 a.m. – 4 p.m. daily
From June to September, Roundhouse Express Gondola and Christmas chairlift operate for hiking, biking, and sight-seeing. *All trails are open to the public outside of lift operating hours.*
[888.490.5950](tel:888.490.5950) | sunvalley.com/mountain

Bike Passes & Tickets

Lift tickets and season bike passes may be purchased daily at River Run Lodge between 9:00 a.m. and 3:30 p.m., at the Guest Center in the Sun Valley Village, or online. Please check mountain and weather conditions before purchasing (no refunds or exchanges). Youth and senior discounts available.
[888.490.5950](tel:888.490.5950) | sunvalley.com/lift-tickets

Mountain Stats & Facts

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| Bald Mountain Base Elevation: 5,750 ft. Top Elevation: 9,150 ft. Total Mileage: 38.5 miles Trails: 12+ Lifts: 1 + Gondola | White Clouds Base Elevation: 5,945 ft. Top Elevation: 6,261 ft. Total Mileage: 5.1 miles Trails: 3 |
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Getting Around

Mountain Rides provides free bus service daily to and from Sun Valley Village to the city of Ketchum, River Run Plaza, and Warm Springs Plaza at the base of Bald Mountain. Download their app to see a current schedule and stops, as well as bus locations in real time (bike racks available).

[208.788.RIDE](tel:208.788.RIDE) | mountainrides.org

Free parking is available at all lift access areas. There is also a free shuttle service to and from the Sun Valley Village for resort guests (no bike racks available).

[208.622.2122](tel:208.622.2122) | sunvalley.com/gettinghere

Pete Lane's Bike Center

With two summer locations—one in the heart of the Sun Valley Village and another right at the River Run base of Bald Mountain—Pete Lane's Mountain Sports can get you fully-outfitted for all your outdoor adventures. Between our expert staff and extensive collection of sportswear, biking and hiking gear, we have everything you need.

Bike Rentals & Tunes

From comfy cruisers and kids bikes to top-of-the-line downhill and mountain bikes, we have every kind of two-wheeled machine available to rent (e-bikes now available!). If your own bike needs a little love, we offer both while-you-wait tuning services and a complete 24-hour maintenance overhaul. Can't get to us? We also offer free bike pick-up and drop-off anywhere in the valley (by appointment only). Need gear? We have helmets, hiking poles, water bottles, sunscreen, and a wide selection of parts and accessories.

Guided Hiking & Biking Tours

First time in Sun Valley? Let our local guides show you around, helping you get oriented with the area while giving you important safety information and insider tips. With such an expansive network of trails, it's always great to ask an expert! Have questions? Email askanexpert@sunvalley.com.

Bike Lessons & Clinics

Whether you want to tackle some of our black diamond downhill courses or explore our more leisurely bike paths, taking a lesson is the best place to start. We have something for every age and ability level at our Outdoor Adventure Center in the Village. Group lessons and women's clinics available.

Kids Activity Zone

Don't miss the family-friendly Spider Jump at the River Run base area of Bald Mountain. Combining bungee jumping with a trampoline, you can jump over 20 feet into the air and perform gravity-defying maneuvers, like flips and somersaults. Open 11 a.m. to 4 p.m. daily. Lawn games and a skills loop for beginner bikers are also available.

[208.622.6127](tel:208.622.6127) | sunvalley.com/petelanes

Responsibility Code & Proper Trail Use Etiquette

- Stay in control:** You're responsible for avoiding objects and people.
- Know your limits:** Ride within your ability. Start small and work your way up.
- Protect yourself:** Use an appropriate bike, helmet, and protective equipment.
- Inspect & maintain your equipment:** Know your components and their operation prior to riding.
- Be lift smart:** Know how to load, ride, and unload lifts safely. Ask if you need help.
- Inspect the trails and features:** Conditions change constantly; plan and adjust your riding accordingly.
- Obey signs and warnings:** Stay on marked trails only. Keep off closed trails and features. Ride in the direction indicated.
- Be visible:** Do not stop where you obstruct a trail, feature, landing or are not visible.
- Look and yield to others:** Look both ways and yield when entering or crossing a road or trail.
- Cooperate:** If involved in or witness to an incident, identify yourself to staff.

Mountain biking, hiking and other recreational activities involve inherent risks. Varying terrain and obstacles can cause injury. Please understand you are using the mountain at your own risk.



FIRST TIMER'S GUIDE TO BIKING

The Bald Mountain and White Clouds trails encompass very diverse landscape. It is important to understand the different terrain offered in order to use it safely alongside all other mountain guests.

WHAT ARE THE DIFFERENT TYPES OF TRAILS?

- Downhill mountain biking** trails are generally rough and steep (and downhill only), made for intermediate to advanced riders. They often require body protection like kneepads and a full-face helmet with goggles due to the extreme nature of the sport.
- "Freeride" downhill trails, or "flow trails," are generally a smoother, wider riding surface, made for high speeds (identified by the orange pill symbol). They can include man-made jumps, sweeping banked corners, rollers, and berms.
 - "Technical" downhill trails have a narrower and more rugged trail surface, with natural features like roots, rocks, and other elements. While they are built for slower speeds, they still require a lot of technical riding skill, control, and ability.

Cross-country (XC) mountain biking trails often include longer point-to-point riding or loops, including climbs and descents on miles of varied terrain. These trails require more endurance, stamina, and preparation for a sustained ride.

WHAT TO BRING, WEAR, & KNOW BEFORE YOU GO?

- Bring:** trail map, food and water, spare tube/pump/tire lever, bicycle multi-tool, extra layers (check the weather), and cell phone
- Wear:** proper helmet, appropriate footwear, bike gloves, knee and elbow protection, sunscreen, and proper eyewear
- Know:** Bald Mountain trails are technical & rugged (good physical condition & experience recommended), not all trails are patrolled or swept, stay off service roads, and know how to repair a flat tire

WHAT IS THE PROPER TRAIL USE ETIQUETTE?

See the "Responsibility Code" section of the map for everything you need to know for hiking and biking recommendations and rules.

For on-mountain emergencies, call 208.622.6262.