

INDOOR ICE RINK

	TIME	SESSION/CLASS	DAY
	7:30-8:20	Open Freestyle/Dance	Mon-Fri
	8:30-9:20	Open Freestyle/Dance	Mon-Fri
	9:30-10:20	Freestyle/Dance (PP-Int)	Mon-Fri
	10:30-11:20	Freestyle/Dance (Juv-Sr)	Mon-Fri
	11:30-12:20	Freestyle/Dance (Int-Sr)	Mon-Fri
	11:30-12:15	Off Ice Conditioning	M, W, F
	12:30-1:20	Adult Session	Mon-Fri
	1:20-1:45	Dance with our Stars	Mon
	1:20-1:45	Synchro, Pairs & More	Tue
	1:20-1:45	Spiral in Style	Wed
	1:20-1:45	Theater on Ice	Thu
	1:20-1:45	Jump Technique	Fri
	1:55-2:45	Freestyle/Dance (NT-Juv)	Mon-Fri
	2:45-3:10	Stroking (Low)	M, W, F
	2:45-3:10	Edge & Extend (Low)	Tue, Thurs
	3:10-3:35	Stroking (High)	M, W, F
	3:10-3:35	Edge & Extend (High)	Tue, Thurs
	3:45-4:35	Freestyle/Dance (Int-Sr)	Mon-Fri
	4:35-5:25	Open Freestyle/Dance	Mon-Fri
	5:35-6:25	Dance/Moves	Mon-Fri
	6:25-7:25	Dance	Tue, Thurs

OUTDOOR ICE RINK

	TIME	SESSION/CLASS	DAY
	7:40 – 8:05	Figures 101	Mon
	7:40 – 8:30	Patch	Mon-Fri
	8:30 – 8:55	Jump to Win	Mon & Wed
	8:30 – 8:55	Spin to Win	Tue & Thur
	8:30 – 8:55	Sk8 Tricks	Fri
	9:05 – 9:30	Coffee Club	Mon-Fri
	9:40-11:10	General Session	Mon-Fri
	11:25-12:15	Program Dance	Mon-Fri
	12:25-1:15*	Freestyle (Jr,Sr,Pro)	Mon-Fri
	1:25-3:00	General Session	Mon-Fri
	3:10-4:00	Freestyle (Notest-Juv)	Mon-Fri
	4:00-4:25	Stepping Out!	Mon-Fri
	4:35-6:05*	General Session	Mon-Fri
	6:15-7:05*	Freestyle (Open)	Mon-Fri
	7:15-9:00*	General Session	Mon-Fri

*Session Cancelled on Ice Show nights

** To skate a session you must have passed the Freestyle test for that level, not just the Moves test.

